

Debi Flory



Debi Flory was called into the ministry of Healing and Wholeness in 1998. She chose the art of Spiritual Direction as the foundation for her ministry and completed training from The Bread of Life Center, Davis, CA in 2002 and Group Spiritual Direction training at the Mercy Center in Burlingame, CA in 2003. In 2004 she became a certified Lay Minister for the United Methodist Church.

Debi is a multimedia artist, specializing in stained glass mosaic, a musician, writer and actress. She is the founder and Director of "The SonnySide Gang," a Christian Comedy troupe that provides weekend Joy Retreats -- spirit-led weekends that combine joyful renewal with humor and contemplative meditation.

Debi has recently opened the Spirit in the Arts Retreat Center in Lincoln City, Oregon. As an artist, Debi recognizes the special connection that occurs between an artist and the Spirit. Debi offers guided sessions incorporating the arts. Unfortunately, The retreat center is on hiatus because of Covid-19.

God has had His hand in Debi's desire to write since she was a child. She was published as a guest columnist in the Davis Enterprise in Davis, California. She started to blog over 10 years ago. You can find her blog at <http://www.peanutbutterpicklesandmayo.com>. What's with that name? Aside from the fact that this is her favorite sandwich, her blog contains a variety of subjects that can be defined as an interesting combination of content.

The results of that discernment led Debi out of retirement to team with two other outstanding Spiritual Directors to establish Holy Listening, a group practice for Spiritual Direction, each bringing their individual gifts to offer to God-Seekers. For Debi, it meant combining her gifts in arts, spiritual companionship, humor and writing to help others feel loved, to help them love others as the Lord loves all and facilitate a path to a joyful relationship with God.

At the same time, she joined WriteMoreWriteNow for Kim Steadman's mentoring encouragement and opportunities to learn from others. She became a part of the Anthology team of co-authors.

Another result of the discernment was the commencement of her YouTube video blog providing comedy, meditations and loving guidance as a character she created 20 years ago: Nettie Fitzenpitley. Nettie is a combination of people in Debi's life, both past and present who, in their own ways, have helped Debi be a better person. She has a Podcast called SermoNettie's that publishes every Sunday morning with a different take on how sermons can be.

Parenting a blended family of six amazing children and Nana & Papa to 5 beautiful grandchildren is Debi and her husband John's greatest testament to love. Debi and

John spend their spare time dining on their “lake on the ocean” in their beloved D’Light Boat.

You can reach Debi at <mailto:debiflory@holylisting.com>, or visit her on Facebook,

You can view Nettie on her YouTube Channel, Nettie Fitzenpitley, Facebook @momentswithnettie, her webpage: www.momentswithnettie.com, and email her at nettiefitzenpitley@gmail.com